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Product Information – Fall 2005

Pomegranate Seed Oil *Punica granatum*

NatureFRESH-Cold Press™

Pomegranate Seed Oil is a very unique all natural plant oil. It is one of only a few plant sources for conjugated linoleic acid (CLA). Conjugated linoleic acids are fatty acids with alternating double bonds. CLA is important because they inhibit the synthesis of prostaglandins from arachidonic acid. CLA in pomegranate seed oil is further unique because it contains three sets of alternating double bonds. Other sources of CLA more often contain only two sets of double bonds.

Fatty Acid Composition

Palmitic Acid	3.1%
Stearic Acid	2.5%
Oleic Acid	7.4%
Linoleic Acid	6.7%
18:3 conjugated trienes	64.9%

Manufactured without the use of chemical or synthetic solvents using our proprietary **NatureFRESH-Cold Press™** technology to retain valuable nutrients including multiple antioxidants.