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Blueberry Seed Oil

Vaccinium corymbosum

NatureFRESH-Cold Pressed

Our **blueberry seed oil** is a good source of omega-3 fatty acids. It has the rich aroma of blueberry pie. Our blueberry seed oil is suitable for nutraceutical and skin care products. The oil is rich in polyunsaturated fatty acids including omega 3 and omega 6. It has a good level of antioxidant activity from Vitamin E, in the form of alpha and gamma tocopherol and alpha and beta tocotrienol. It also contains zeaxanthin.

Sterol Assay

Campesterol	42mmol/kg
Stigmasterol	18mmol/kg
Beta Sitosterol	42mmol/kg

Fatty Acid Profile

	% by weight
Palmitic	5.7
Stearic acid	2.8
Oleic acid	22.9
Linoleic acid	43.5
Linolenic acid (alpha)	25.1

Fatty Acid Distribution

Saturated Fat	Monounsaturated Fat	Polyunsaturated Fat
8.6%	23.0 to 25.0%	68% to 70.0%

Feric Reducing Antioxidant Power umoleTE/g 9,541

Storage Blueberry seed oil has good oxidative stability. For best shelf life, store in dark, cool environment away from heat, light and odor.