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Chardonnay Grape Seed Oil

Grape seed oil is rich in plant sterols which are effective in reducing blood cholesterol levels. Grape seed oil is also very rich in Vitamin E, a powerful antioxidant which helps prevent heart disease and promotes healthy skin and muscles. Approximately one tablespoon of grape seed oil provides the recommended daily allowance of Vitamin E.

Because of the high level of antioxidants in grape seed oil, it is used as an additive to other plants oils to increase shelf life and slow down rancidity. Grape seed oil is an excellent cooking oil having a high flame point and smoke point. In addition to its use as food oil, grape seed oil is used in various skin and hair care products. It has a wonderful aroma.

Sterol Assay

Campesterol	9.7% -12.6%
Stigmasterol	10.7%-12.2%
Beta-sitosterol	72.0%-76.25%
Delta 5 avenasterol	1.9%
Delta 7 stigmosterol	1.2

Fatty Acid Profile

Palmitic acid	9.7%
Stearic acid	6.8%
Oleic acid	20.5%
Linoleic acid	63%-72%

Physical Characteristics

Specific gravity (@20degrees C)	.923-.926
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Storage

Store in a cool environment away from light, heat, and odors.