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## **Milk Thistle Seed Oil**

*(Silibum mariannum)*

Milk Thistle seed oil

### **Fatty Acid Composition**

### **GM/100G 1000G**

Palmitic Acid	8.9
StericAcid	4.8
Oleic Acid	24
Linoleic Acid	61
Saturated Fat	13.8
Monounsaturated fat	25.2
Polyunsaturated Fat	61.1